


Independent/Assisted Living Activities Calendar July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	National Coloring Book Day 1 9:00 📍 Dr. Appointments /shopping- Sonora (PC) 1:00 🧡 Food for Thought (T) 1:00 📍 Dr. Appointments/Shopping - Angels Camp (PC) 1:30 🧡 Chair Yoga (VLR) 2:30 🌿 Quarter Bingo (VLR)	National Ice Cream Sandwich Day 2 7:30 🧡 Wacky Walkers (C) 9:00 🧡 Circuit Training w/ "Jo" (G2F) 9:00 📍 Dr. Appointments / Shopping - Angels Camp (PC) 9:45 🧡 Therapy Dogs Visiting (PC) 10:15 🧡 Sit N Fit (PC) 11:55 Ambassador Lunch Meeting (PDR) 1:30 🌿 Bridge with Sue K. (L) 3:30 🧡 Giant Crossword (VLR)	Happy Birthday Cindy Dyball 3 National Watermelon Day 9:00 🧡 Dr. Appointments - San Andreas (PC) 10:30 🧡 Tai Chi w/ Lena (VLR) 2:00 🌟 "Helping Hands" Port -Pal Charity (VLR) 3:00 🌿 Pokeno (VLR) 5:30 🎵 Music in The Park " The Sky Kings" - Murphys Park Country , Rock & Roll (PC) 6:30 🎬 Evening Movie "Remember the Night" (T)	7:30 🧡 "Wacky Walkers" (PC) 4 9:00 🧡 Circuit Training w/ "Jo" (G2F) 10:15 🧡 Sit N Fit (PC) 1:30 🦋 Vibrant Life Activities Discussion (VLR) 2:30 🦋 Quarter Bingo (VLR) 4:00 🦋 Thirsty Thursday- (VLR)	National Beer Day 5 10:30 🌿 Board Games w/ Neva (VLR)	7:30 🧡 Wacky walkers (PC) 6 9:00 🧡 Circuit Training w/"Jo" (G2F) 10:15 🧡 Sit N Fit (VLR) 2:30 🌿 Quarter Bingo (L)	
	10:00 🧡 Tai Chi (VLR) 7 11:40 🧡 Catholic Communion Service (VLR) 2:00 🌟 Basic Electron Assistance / Call for appointment (ADTY) 2:30 🌟 Christian Fellowship (VLR) 4:00 🍷 Sipping Sunday (VLR)	9:00 📍 Dr. Appointments /shopping- Sonora (PC) 8 1:00 📍 Dr. Appointments/Shopping - Angels Camp (PC) 1:30 🧡 Chair Yoga w/ June Perry (VLR) 2:30 🌿 Quarter Bingo (VLR)	National Rice Pudding Day 9 7:30 🧡 Wacky Walkers (C) 9:00 🧡 Circuit Training w/ "Jo" (G2F) 9:00 📍 Dr. Appointments / Shopping - Angels Camp (PC) 10:15 🧡 Sit N Fit (PC) 1:00 🧡 Murphy's -Bus/Appointments (PC) 1:30 🌿 Bridge with Sue K. (L) 2:00 📍 Jeopardy (VLR) 3:30 🧡 Giant Crossword (VLR)	9:00 🧡 Dr. Appointments - San Andreas (PC) 10 9:00 🎬 Evening Movie "TBA" (T) 10:30 🧡 Tai Chi w/ Lena (VLR) 2:00 🌿 " Craft " with Lena Tye Die T-shirts (VLR) 3:00 🌿 Pokeno (VLR) 5:30 🎵 Music in The Park "Kool Shifters" Copperopolis Square R&B/Country (PC)	7:30 🧡 "Wacky Walkers" (PC) 11 9:00 🧡 Circuit Training w/ "Jo" (G2F) 10:15 🧡 Sit N Fit (PC) 1:00 🦋 SRT -"SH- BOOMI" E Sonora (PC) 2:30 🦋 Quarter Bingo (VLR) 4:00 🦋 Thirsty Thursday- (VLR)	10:30 🌿 Board Games w/ Neva (VLR) 12	7:30 🧡 Wacky walkers (PC) 13 9:00 🧡 Circuit Training w/"Jo" (G2F) 10:15 🧡 Sit N Fit (VLR) 2:30 🌿 Quarter Bingo (L)
	Happy Birthday Ms Lizz 14 10:00 🧡 Tai Chi (VLR) 11:40 🧡 Catholic Communion Service (VLR) 2:00 🌟 Basic Electron Assistance / Call for appointment (ADTY) 2:30 🌟 Christian Fellowship (VLR) 4:00 🍷 Sipping Sunday (VLR)	9:00 📍 Dr. Appointments /shopping- Sonora (PC) 15 1:00 📍 Dr. Appointments/Shopping - Angels Camp (PC) 1:30 🧡 Chair Yoga (VLR) 2:30 🌿 Quarter Bingo (VLR)	National Rum Day 16 7:30 🧡 Wacky Walkers (C) 9:00 🧡 Circuit Training w/ "Jo" (G2F) 9:00 📍 Dr. Appointments / Shopping - Angels Camp (PC) 9:45 🧡 Therapy Dogs Visiting (PC) 10:15 🧡 Sit N Fit (PC) 1:30 🌿 Bridge with Sue K. (L) 3:30 🧡 Giant Crossword (VLR)	9:00 🧡 Dr. Appointments - San Andreas (PC) 17 9:00 🎬 Evening Movie "TBA" (T) 10:30 🧡 Tai Chi w/ Lena (VLR) 2:00 Craft project 3:00 🌿 Pokeno (VLR)	National Fajita Day 18 7:30 🧡 "Wacky Walkers" (PC) 9:00 🧡 Circuit Training w/ "Jo" (G2F) 10:15 🧡 Sit N Fit (PC) 1:30 🌟 All Residents Community Meeting (VLR) 2:30 🦋 Quarter Bingo (VLR) 4:00 🦋 Thirsty Thursday- (VLR)	National Potato Day 19 10:00 🧡 Hearing Life-Formerly Accuquest Hearing Aid Service (PDR) 10:30 🌿 Board Games w/ Neva (VLR)	7:30 🧡 Wacky walkers (PC) 20 9:00 🧡 Circuit Training w/"Jo" (G2F) 10:15 🧡 Sit N Fit (VLR) 2:30 🌿 Quarter Bingo (L)
	10:00 🧡 Tai Chi (VLR) 21 11:40 🧡 Catholic Communion Service (VLR) 2:00 🌟 Basic Electron Assistance / Call for appointment (ADTY) 2:30 🌟 Christian Fellowship (VLR) 4:00 🍷 Sipping Sunday (VLR)	9:00 📍 Dr. Appointments /shopping- Sonora (PC) 22 1:00 📍 Dr. Appointments/Shopping - Angels Camp (PC) 1:30 🧡 Chair Yoga w/ June Perry (VLR) 2:30 🌿 Quarter Bingo (VLR)	National Cuban Sandwich Day 23 7:30 🧡 Wacky Walkers (C) 9:00 🧡 Circuit Training w/ "Jo" (G2F) 9:00 📍 Dr. Appointments / Shopping - Angels Camp (PC) 10:15 🧡 Sit N Fit (PC) 1:00 🌟 Murphys Appointments (PC) 1:30 🌿 Bridge with Sue K. (L) 2:00 📍 Jeopardy (VLR) 3:30 🧡 Giant Crossword (VLR)	9:00 🧡 Dr. Appointments - San Andreas (PC) 24 9:00 National Waffle Day 9:00 🎬 Evening Movie "TBA" (T) 10:30 🧡 Tai Chi w/ Lena (VLR) 3:00 🌿 Pokeno (VLR)	National Banana Split & Whisky Sour Day 25 7:30 🧡 "Wacky Walkers" (PC) 9:00 🧡 Circuit Training w/ "Jo" (G2F) 10:15 🧡 Sit N Fit (PC) 12:00 🦋 Resident Birthday Celebration Lunch (DR) 2:30 🦋 Quarter Bingo (VLR) 4:00 🦋 Thirsty Thursday- "New Resident Welcome" (VLR)	10:30 🌿 Board Games w/ Neva (VLR) 26	7:30 🧡 Wacky walkers (PC) 27 9:00 🧡 Circuit Training w/"Jo" (G2F) 10:15 🧡 Sit N Fit (VLR) 2:30 🌿 Quarter Bingo (L)
	National Red Wine Day 28 10:00 🧡 Tai Chi (VLR) 11:40 🧡 Catholic Communion Service (VLR) 2:00 🌟 Basic Electron Assistance / Call for appointment (ADTY) 2:30 🌟 Christian Fellowship (VLR) 4:00 🍷 Sipping Sunday (VLR)	9:00 📍 Dr. Appointments /shopping- Sonora (PC) 29 1:00 📍 Dr. Appointments/Shopping - Angels Camp (PC) 1:30 🌟 Chair Yoga (VLR) 2:30 🌿 Quarter Bingo (VLR)	Happy Birthday Mauryne Mitchell 30 7:30 🧡 Wacky Walkers (C) 9:00 🧡 Circuit Training w/ "Jo" (G2F) 9:00 📍 Dr. Appointments / Shopping - Angels Camp (PC) 9:45 🧡 Therapy Dogs Visiting (PC) 10:15 🧡 Sit N Fit (PC) 1:30 🌿 Bridge with Sue K. (L) 3:30 🧡 Giant Crossword (VLR)	National Trail Mix Day 31 9:00 🧡 Dr. Appointments - San Andreas (PC) 9:00 🎬 Evening Movie "TBA" (T) 10:30 🧡 Tai Chi w/ Lena (VLR) 2:00 🌿 " Art or Craft w/ Lena (VLR) 3:00 🌿 Pokeno (VLR)	LOCATION Concierge (C) Dining Room3 (ADTY) Dining Room3 (DR) Gym 2nd Floor (G2F) Library (L) Porte Cochere (PC) Private Dining Room (PDR) Theatre (T) Vibrant Life Room (VLR)	ACTIVITY LEGEND 📍 Be Adventurous 🌿 Be Challenged 🌟 Be Connected 🍷 Be Family 🌟 Be Inspired 🦋 Be Social 🧡 Be Well	<h2 style="text-align: center; color: #D9534F;">National 70's Month</h2>