


November 2021 Transitions Neighborhood Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:30 Chair Stretches (TN) 1 1:45 Food for Thought (DR1) 2:00 Matinee Movie (FR)	10:00 Sit N Fit (PC) 2 12:45 Country Drive (TN) 2:00 Matinee Movie (FR)	10:30 Piano with Judy 3 10:30 Chair Excercises (TN) 2:00 Matinee Movie (FR)	10:00 Sit N Fit (PC) 4 2:00 Matinee Movie (FR) 3:00 Art or Crafts (DR1)	9:00 Residents Choice (TN) 5 11:00 Games With Christina (TN) 2:00 Matinee Movie (FR)	National Nacho's Day 6 10:00 Sit N Fit (PC) 2:00 Matinee Movie (FR) 6:00 Time to turn your Clocks Back 1 Hour
10:30 Stretching Time (TN) 7 2:00 Matinee Movie (FR) 2:30 Christian Fellowship (VLR)	10:30 Chair Stretches (TN) 8 2:00 Matinee Movie (FR)	9:00 Therapy Dogs Visiting (TN) 9 10:00 Sit N Fit (PC) 2:00 Matinee Movie (FR)	10:30 Piano with Judy (GN) 10 10:30 Chair Excercises (TN) 2:00 Matinee Movie (FR)	Veterans Day 11 10:00 Sit N Fit (PC) 2:00 Matinee Movie (FR) 3:00 Art or Crafts (DR1)	9:00 Residents Choice (TN) 12 11:00 Games With Christina (TN) 2:00 Matinee Movie (FR)	World Kindness Day 13 10:00 Sit N Fit (PC) 2:00 Matinee Movie (FR)
10:30 Stretching Time (TN) 14 2:00 Matinee Movie (FR) 2:30 Christian Fellowship (VLR)	10:30 Chair Stretches (TN) 15 2:00 Matinee Movie (FR)	10:00 Sit N Fit (PC) 16 12:45 Country Drive (TN) 2:00 Matinee Movie (FR)	National Baklava Day 17 10:30 Chair Excercises (TN) 10:30 Piano with Judy (TN) 2:00 Matinee Movie (FR)	Happy Birthday Mickey Mouse 18 8:30 Podiatrist is coming today (TN) 10:00 Sit N Fit (PC) 2:00 Matinee Movie (FR) 3:00 Art or Crafts (DR1)	9:00 Residents Choice (TN) 19 10:00 AccuQuest Hearing Aid Visit (PDR) 11:00 Games With Christina (TN) 2:00 Matinee Movie (FR)	10:00 Sit N Fit (PC) 20 2:00 Matinee Movie (FR)
10:30 Stretching Time (TN) 21 2:00 Matinee Movie (FR) 2:30 Christian Fellowship (VLR)	10:30 Chair Stretches (TN) 22 2:00 Matinee Movie (FR)	10:00 Sit N Fit (PC) 23 2:00 Matinee Movie (FR)	10:30 Piano with Judy (GN) 24 10:30 Chair Excercises (TN) 2:00 Matinee Movie (FR)	Happy Thanksgiving National Parfait Day 25 10:00 Sit N Fit (PC) 11:30 Resident Birthday Celebration Lunch (DR1) 2:00 Matinee Movie (FR) 3:00 Art or Crafts (DR1)	National Day of Listening 26 9:00 Residents Choice (TN) 11:00 Games With Christina (TN) 2:00 Matinee Movie (FR)	10:00 Sit N Fit (PC) 27 2:00 Matinee Movie (FR)
Chanukah Begins 28 9:00 Chanukah Begins 10:30 Stretching Time (TN) 2:00 Matinee Movie (FR) 2:30 Christian Fellowship (VLR)	10:30 Chair Stretches (TN) 29 2:00 Matinee Movie (FR)	10:00 Sit N Fit (PC) 30 2:00 Matinee Movie (FR)	LOCATION Dining Room 1 (DR1) Family Room (FR) Generations Neighborhood (GN) Porte Cochere (PC) Transitions Neighborhood (DR1) Transitions Neighborhood (TN) Vibrant Life Room (VLR)	ACTIVITY LEGEND Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well		License Number# 057005037