


November 2021 Generations Neighborhood

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:00 Tune into Me (GN) 1 1:00 Lets Move (TN) 1:00 Coloring (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 2 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 3 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 4 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 5 1:00 Lets Move (TN) 3:00 Hand Therapy (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 6 9:00 National Nacho's Day 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)
8:00 Tune into Me (GN) 7 11:40 Catholic Communion Service (VLR) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 8 1:00 Lets Move (TN) 1:00 Coloring (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 9 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 10 10:30 Piano with Judy (GN) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 11 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 12 1:00 Lets Move (TN) 3:00 Hand Therapy (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 13 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)
8:00 Tune into Me (GN) 14 11:40 Catholic Communion Service (VLR) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 15 1:00 Lets Move (TN) 1:00 Coloring (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 16 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	National Baklava Day 17 8:00 Tune into Me (GN) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 18 8:30 Podiatrist is coming today (GN) 9:00 Happy Birthday Mickey Mouse 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 19 9:00 Accuquest Hearing Aid Visit (PDR) 1:00 Lets Move (TN) 3:00 Hand Therapy (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 20 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)
8:00 Tune into Me (GN) 21 11:40 Catholic Communion Service (VLR) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 22 1:00 Lets Move (TN) 1:00 Coloring (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 23 9:00 Therapy Dogs Visiting (GN) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 24 10:30 Piano with Judy (GN) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	Happy Thanksgiving 25 National Parfait Day 8:00 Tune into Me (GN) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 26 1:00 Lets Move (TN) 3:00 Hand Therapy (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 27 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)
Chanukah Begins 28 8:00 Tune into Me (GN) 11:40 Catholic Communion Service (VLR) 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 29 1:00 Lets Move (TN) 1:00 Coloring (GN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	8:00 Tune into Me (GN) 30 1:00 Lets Move (TN) 4:00 Helping Hands (GN) 6:00 Relaxing Music (Gen)	LOCATION Generations Neighborhood (GN) Generations Neighborhood (Gen) Transitions Neighborhood (TN) Vibrant Life Room (VLR)	ACTIVITY LEGEND Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well		